

Dear Parent/Guardian,

Blumenort School is pleased to be holding a Heart & Stroke Foundation JUMP Rope for Heart event on March 22, 2017. All money raised will support the Heart & Stroke Foundation in their mission to promote children's health and fund vital heart and stroke research.

JUMP Rope for Heart encourages kids to get active by skipping rope while they collect pledges for heart disease and stroke research. They also learn the importance of living a healthy lifestyle and giving back to their community.

Participating schools can receive a portion of proceeds back from the Heart & Stroke Foundation to support the purchase of physical education equipment or to assist with other school needs.

We need your help to reach our school fundraising goal of \$1500.00!

Please help support your child's fundraising efforts by registering them online at JumpRopeForHeart.ca and sending out donation requests to friends, family and colleagues. Online fundraising is the quickest way to reach all of your contacts and online donors receive an automatic tax receipt. Plus, all students who register online will receive a **free skipping rope** from the Heart & Stroke Foundation!

If you need assistance, please visit jumpropeforheart.ca and check out the online fundraising videos and step by step "how-to" resources.

Please fill out the form below and return it by **March 1st** if you would like your child to bring home a pledge envelope to collect cash and cheque donations. Pledge envelopes need to be returned on **March 22nd**.

Thank you for your support,

Mrs. R. Lees

Mrs. K. Tufford

My child has permission to bring home a Heart & Stroke pledge envelope to collect donations.

Child's Name _____ Child's Class _____

Parent Signature _____

